

## Competitions Instructions 12.3.2022

Welcome to Ranua to the ski-o-competitions, which are organized by local club called Ranuan Peura and by Kuusamon Erä-Veikot from Kuusamo.

**Competition location, parking, change of clothes:** Sairaالاتية 2, 97700 Ranua. The competition centre will be opened at 8 am. Parking is in the competition centre, which is a building of local sport club, the building is called "Ranuansarvi." The sport hall can be used for changing clothes, no showers are available. It is not allowed to store own bags etc. in the hall. Please use the mask inside and keep distance.

### **Forest and tracks:**

In the competition area there are both areas of swamp with trees but also a hill with lot of broad ski-routes (including both classic and skate) made with track machine. Difference between lowest and highest point in the map is about 25 meters.

There are about 20 km of tracks in the area, which of them about a half is narrow. There are some extra tracks made by local snow-mobilists, but these look like different than the ones made by organisers marked in maps.

### **Competition material:**

Numbers can be picked up outside the Peuransarvi-building. In Optiwax-cup H/D 21 **Sprint** please put the number on the front of left leg. Later in **Pursuit**, it should be changed into the right leg. In other classes the number is on the right. Own safety pins are needed.

### **Warming up:**

In the north end of the sport field located in the competition centre there is area for warming up which is marked. There are warming up tracks also nearby the start places.

### **Start:**

There are two start places. One is for Sprint in M/W 21 and for other classes, it is about 250 m away from competition centre. Follow the marking. The second one is for Pursuit in M/W 21 and is situated in the sport field in the competition centre.

### **Sprint M/W:**

There is 1 minute time between competitors. You are called in two minutes before the start. That is also the time the EmiTag is refreshed. You may take the map 15 s before the start from a bucket. If you are late, please contact the staff.

### **Pursuit M/W**

The competitors are organised in lines in two different gates 5 minutes before the first start. Before that EmiTags are refreshed. You are responsible of starting on right time on yourselves, there are staff following the start so that it is going correctly. The start is filmed. The person taking

a false start will be disqualified. Maps are available in stand situated about 30-50 meters from the start. You should take the map with your number on it. There are two exchanges of maps during the competition (meaning that there are three maps used during the pursuit). All competitors are going to have GPS -tracking unit with them in the pursuit. The device will be attached to the map holder 10 minutes before the start at the latest.

### **Starting time in the pursuit**

In the sprint the first competitor in the class W 21 will start at 13 pm and in M 21 at 13.15 pm. (These times has been changed since the first call for the competition). The other competitors will start after them as much they have been behind them in the sprint.

If you are more than five minutes behind the first in the sprint, you'll start the pursuit in the "wave start". For W this start is at 13.05 pm and for M at 13.20.

### **Start in other classes than W/M 21**

There are two minutes between the competitors. You are called 2 minutes before the time. That is also the time the EmiTag is refreshed. You may take the map 15 s before the start from a bucket. In classes H/d 11 and H/d 13 you can take the map one minute before the start. The guardian may help with the map. The person of staff will also help you with the map when needed. If you are late, please contact the staff.

### **Controls**

EmiTags are used. In the narrow tracks controls are situated on side, in broad skating tracks in the middle of the track. Codes are in the stamps.

### **Classes and lengths**

They are told in extra table.

### **Finish:**

EmiTag will register your finishing automatically. After the Sprint the direction of reaching the finish line is changing. In the pursuit the order of passing the finish line is also order in the results. The finish line referee is judging the order when necessary. The presence nearby the finishing line is allowed only by finishing. EmiTag is read shortly after finishing. If you are using two EmiTags, only the proper (the one announced to organisers) is read first. The second only when needed. The second should be kept away when the proper one is read.

### **First aid:**

First aid point is close to the finishing line, near the building where the results are handled. Besides that there is first aid kit in the sport hall inside of Peuransarvi-competition centre. There is first aid person also in the forest.

### **Restaurant:**

In the Peuransarvi-sport hall there is coffee and soup lunch available. Paying is possible in cash or by card.

**Prizes:**

For W/M in Optiwax three first are remembered, and then 5 what comes to Ranua Pursuit. D/H 11-13 all are receiving prizes. In all the other classes the first ones are given a prize. In the classes H 70 and H 80 two best are given prizes. There is going to be a prize giving ceremony for the Optiwax W/H classes, the time will be announced later. All the other classes can pick up their prizes from the info inside of Peuransarvi sport hall after the results list is ready.